



Maryland Supplemental Retirement Plans
Virtual Savings Symposium 2026!

Creating Confidence for the Financial Road Ahead

Strengthen Financial Security at
Every Stage of Life

October 2026

**Each webinar is approximately 45 minutes
with additional time for Q&A**

October 5 *Monday*

10:00am The ABCs of Budgeting and Saving

Trying to figure out how to get started with a budget or spending plan? This session will cover the ABCs of managing your money. An often overlooked aspect of budgeting is saving. Learn some simple steps to integrate a savings plan into your budget. *(Presented by University of Maryland Extension)*

2:00pm Stay the Course: Small Steps Toward a Stronger Retirement

Retirement planning doesn't have to be overwhelming. This presentation helps participants understand where they are today, align their retirement plan with their goals, and explore strategies to strengthen their financial future. Topics include current market conditions, retirement savings strategies, investment fundamentals, target date funds, and resources to help build confidence for retirement. *(Presented by Capital Group)*

October 6 *Tuesday*

10:00am Your Employee & Retiree State Healthcare Benefits

This webinar covers key topics about State employee and retiree health benefits, including eligibility, premium subsidies, and Medicare. *(Presented by Department of Budget and Management)*

2:00pm Estate Planning and Legal Considerations

Learn the latest strategies in estate planning and help avert costly mistakes. Explore inexpensive ways to avoid probate and learn the basics of trusts. *(Presented by Bress Raut Law, LLC)*

October 8 *Thursday*

10:00am An Introduction to Education Savings with the Maryland College Investment Plan

A 529 plan is not just for college anymore! Learn about the benefits of saving for college, trade school, post secondary credential programs, K-12 and more! *(Presented by Maryland 529)*

2:00pm Silicon, Cycles, and Space: Navigating the New Tech Landscape

The race to build AI infrastructure, growing demand for semiconductors, and the emergence of the commercial space economy are creating new opportunities for investors and redefining industry leadership. This webinar will share perspectives on the trends, companies, and market forces shaping innovation across the technology sector. *(Presented by William Blair)*

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October 13 Tuesday

10:00am Building Generational Wealth

Building wealth is about more than saving—it's about creating a lasting financial legacy. In this webinar, you'll learn practical strategies to grow financial security, teach the next generation about money, and have meaningful family conversations about finances while exploring ways to build long-term financial stability.

(Presented by T. Rowe Price)

2:00pm Student Loan Repayment and Forgiveness Options for State Employees

The One Big Beautiful Bill Act (OB3) makes significant changes to federal student loans. In this webinar, the MCCFW will explain changes that went into effect on July 1 including new repayment options, updates to loan forgiveness, and changes to future federal borrowing limits. *(Presented by Maryland Center for Collegiate Financial Wellness)*

October 19 Monday

10:00am Retirement Readiness with Empower

Retirement readiness means bringing together all the pieces, from Medicare and pensions to Social Security and savings. In this session, we'll explore how Empower helps participants understand their options, connect the dots, and create a clearer path toward retirement readiness. *(Presented by Empower, MSRP's Third-Party Administrator)*

2:00pm 2026 Savings and Market Outlook

This webinar provides a financial overview with the latest updates about economic events and trends! Learn steps to take to help you cushion the impact of inflation and other challenges, and to stay on track to meet your financial goals. *(Presented by State Street Global Advisors)*

October 20 Tuesday

10:00am Your Retirement Savings: How to Enroll in MSRP

Your retirement savings journey starts with enrollment. This webinar will guide you through the steps to enroll in MSRP 457(b)/401(k) plans, explain your contribution choices, and highlight important features and resources available to help you make the most of your Supplemental Retirement Plan. *(Presented by Empower, MSRP's Third Party Administrator)*

2:00pm Unlock Your Financial Power: A Guide to Borrowing Wisely

Attend this webinar and learn how unlocking the secrets to building and maintaining strong credit can be a game-changer. *(Presented by SECU)*

October 22 Thursday

10:00am State Pension/Retirement Readiness First Steps

The Retirement Readiness First Steps webinar provides a general overview of the survivor, disability, and retirement benefits administered by Maryland State Retirement and Pension System (MSRPS) – including descriptions of service retirement eligibility rules, vesting criteria, and ways to obtain additional qualifying service credit. This presentation is designed for early-career and mid-career members of the Employees' and Teachers' Retirement and Pension Systems. *(Presented by Maryland State Retirement and Pension System)*

2:00pm Estate Planning and Legal Considerations

Learn the latest strategies in estate planning and help avert costly mistakes. Explore inexpensive ways to avoid probate and learn the basics of trusts. *(Presented by Bress Raut Law, LLC)*

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October 23 Friday

10:00am Stress Less, Thrive More: Your Path to a Happier Retirement

A successful retirement requires more than financial preparedness. This presentation examines the critical relationship between financial health, emotional well-being, physical wellness, social connection, and purpose. Through the lens of behavioral finance and financial psychology, investors will gain actionable strategies to prepare for both the financial and personal realities of retirement and build a foundation for lasting well-being. *(Presented by Janus Henderson)*

2:00pm Keys to Homebuying

A simple guide to the key steps of buying a home – from financing and finding the right property to making an offer and closing with confidence. *(Presented by SECU Mortgage)*

October 26 Monday

10:00am Insurance 101: Life, Homeowners, and Renters Insurance

Learn about different types of insurance and the important questions to ask when shopping for a plan that may suit your needs. *(Presented by Maryland Insurance Administration)*

2:00pm Retirement Planning for Women

This webinar explores the unique factors that can impact women's retirement planning and provides practical strategies for building greater financial confidence. Participants will learn about saving and investing, planning for healthcare and longevity, and actionable steps they can take today to help prepare for the retirement they envision. *(Presented by Empower, MSRP's Third Party Administrator)*

October 27 Tuesday

10:00am Getting to Know Empower: Participant Technology in Action

Explore the tools, technology, and experiences that help participants make the most of their retirement journey with Empower. *(Presented by Empower, MSRP's Third Party Administrator)*

2:00pm Cybersecurity and Scams 101

Over \$16.1 billion lost in 2025 alone, every year Americans are losing significant amounts of money to fraud and scams! While technology offers access to a world of products, services, and information, it also creates opportunities for imposters, hackers, and identity thieves. In this presentation you will discover what makes people and machines vulnerable to scams and cyber attacks. You will also learn how to recognize the signs of scams, safeguard your finances, and actions to take if you suspect fraud or theft. *(Presented by CASH Campaign of Maryland)*

October 30 Friday

10:00am Social Security: Fundamentals for Every Age

Learn the basics of Social Security Retirement and Medicare, and discover how to access and manage your benefits using online services. *(Presented by Social Security Administration)*

2:00pm Parnassus: Investing with Purpose

The Parnassus Core Equity Fund aims to identify high-quality, U.S. companies with strong financial prospects and sustainable business practices to build wealth responsibly. This presentation provides a review of sustainable investing with a focus on stewardship. We will highlight the importance of engaging with companies, how it works, and some recent examples from the Parnassus team. *(Presented by Parnassus)*

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