

# *MSRP Education "To Go" on your 401(k)/457*

## *Lunch and Learn Specials* **Seminar Schedule**

- "Retirement Saving...It's a Smart Move!"***  
Wed. 2/20 11:00AM *For state employees not currently enrolled, this is an enlightening seminar on the importance of saving for retirement, how to find the money to save, the power of compounding and an overview of the different MSRP plans and investment options available.*  
Thur. 2/28 12:30 PM
- "The Sandwich Generation"***  
Wed. 2/20 12:30 PM *Those of the sandwich generation are caught between the obligation to care for their parents—who may be ill, unable to perform various tasks or in need of financial support—and children. Learn how the "sandwich generation" can save for retirement while taking care of their kids and parents.*  
Mon. 3/10 11:00 AM
- "When the Nest Egg Hatches"***  
L-2 Thur. 3/6 11:00 AM ***Investing and Withdrawing During Retirement***  
*Reaching retirement is a significant milestone. It's important to have a plan for managing your income to help make sure it lasts throughout your lifetime. Designed for those close to retirement.*  
Wed. 3/19 12:30 PM
- "I'm Saving My Money"***  
Thur. 2/28 11:00 AM ***Retirement Planning for Women***  
*Women in the labor force have different concerns and challenges than men do. But what about when we retire? The issues for men and women surrounding retirement are different too. Women need to plan for these differences.*  
L-2 Thur. 3/6 12:30 PM
- "MSRP Investment Options"***  
Mon. 3/10 12:30 PM *An in-depth look at the investment options in the supplemental plans and the process of selecting an appropriate portfolio for your situation. (Investment options are only mentioned in the other seminars.)*  
Thur. 3/13 11:00 AM
- "MSRP Online"***  
Thur. 3/13 12:30 PM *A "user guide" to the MarylandDC.com website including: setting up your account, making changes and how to use investment resources. Also includes a review of the MSRP website.*  
Wed. 3/19 11:00 AM

*Seminars take approximately 45 minutes.  
Seminars will take place in Conference Room L-1 of  
201 W. Preston St., unless otherwise noted.  
You are welcome to bring your lunch.*

*Please register in advance. To register, please send an email to [jgraham@msrp.state.md.us](mailto:jgraham@msrp.state.md.us) with your name, and date and title of the seminar(s) you would like to sign up for.*

**Maryland Teachers and State Employees Supplemental Retirement Plans**

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